

NH Alliance for Healthy Aging Quarterly Meeting

September 13, 2017; 9:00-12:00

NH Audubon McLane Center

84 Silk Farm Road

Concord, NH

Meeting Summary

What's Happening: AHA Updates

Presenter: Jennifer Rabalais and Laura Davie (slides 3 – 11)

Jennifer Rabalais provided an update on AHA Communications, including revealing the new logo and website for AHA. Jennifer discussed the process of logo development and the reasoning behind why the specific logo was chosen. The website launched at www.nhaha.info and includes 4 pages, the website will continue to be developed in 2018. If AHA participants have resources to share, send them to Jennifer Rabalais.

Laura Davie provided a summary of AHA accomplishments by reviewing a timeline of events from 2014 to the present. Laura also discussed the AHA survey, providing some preliminary findings, and reminding participants that the survey would be open for another week or two. Jennifer will send out the survey link.

Rethinking Work and Retirement

Presenter: Caitrin Lynch, PhD, (slides 12 – 30)

Caitrin Lynch is a cultural anthropologist from Olin College of Engineering in Massachusetts. Dr. Lynch presented on her work at Vita Needle, a family owned factory that makes needles and is known for its unusual business model of seeking out older workers, with the median age of employees being 74. She wrote a book about her experiences with Vita Needle called Retirement on the Line: Age, Work and Value in an American Factory and discussed the lessons outlined in this book.

Dr. Lynch discussed that retirement can be a “role-less” role which can result in retirees not knowing where to focus their energy. Video clips from Pensioners Inc., which discusses Vita Needle’s story and business model were shown during the presentation. To view the full video click here <http://www.denkmalfilm.tv/index.php?page=rentner-gmbh-3&l=en> (payment required); view a video clip from HBO click here: <https://play.hbonow.com/episode/urn:hbo:episode:GWW4nZwbnMTmuogEAAAj>.

Dr. Lynch also discussed reconceiving “work as care” and outlined the 7 lessons she learned from Vita Needle, including how having older workers in the workforce benefits employers, employees, and society.

AHA Long Term Public Policy Agenda

Presenter: Ellen Koenig (slide 32)

Ellen provided an update on AHA’s long-term public policy agenda. The process for drafting the agenda has included soliciting feedback from many stakeholders, workgroups, AHA participants, AHA Steering Committee, and many others. Ellen reviewed the draft priorities including:

- Create a statewide entity that is an umbrella that looks at issues on aging
- Ensuring sustainable funding for state services and supports
- Creating a stable infrastructure within DHHS
- Ensuring availability of direct care workforce
- Building more age friendly communities in NH
- Ensuring reputation as a trusted and knowledgeable resource
- Ensuring that AHA is a watchdog on key legislation.

Send questions or comments about the long-term policy agenda to Ellen Koenig at ekoenig@fullcirclenh.com.

AHA Advocacy Update

Presenter: Dawn McKinney (slide 32 – 33)

Dawn discussed the draft mini agenda that the AHA Advocacy group created for the 2018 legislative session. Dawn discussed that several bills were retained from the previous session, including transportation improvements, rural bus service funding, etc. The AHA Advocacy group is working with health and human services to ensure that the rate increases for providers is being implemented. Other issues to be addressed this session include creating a Governor’s Commission on Aging and elder abuse prevention. The AHA Advocacy group is also in the process of developing core principles and guidelines for AHA policy decisions. Table discussions occurred to allow time for meeting participants to provide feedback and discuss the draft legislative agenda.

Community Announcements

- *Judy Nicholson: Oral Health Coalition.* New England Rural Health Roundtable Conference and Oral Health Fall Forum at Attitash Grand Summit on November 15 and 16: <https://newenglandruralhealthroundtable.wildapricot.org/2017-Conference-Home>
- *Jennifer Kinsey: REAP Program.* Atul Gwande author of *Being Mortal*, was at Portsmouth Music Hall last week and was on NHPR. Find more here: <http://info.nhpr.org/taxonomy/term/52721/all>
- *Cary Gladstone: 211.* Cash Coalition of NH is on Oct. 17th at NHHEAF Network Organizations' Conference Center and provides financial advising to low and moderate income individuals and families. Find out more here: <https://www.cashcoalitionnh.org/>
- *Roberta Berner: Grafton County Senior Citizens Council.* Dartmouth is opening a satellite office in Upper Valley.
- *Mark Boyd: AARP.* AARP Fraud Fighters: Available for Fraud and Scam Presentations in Your Community. AARP has a group of volunteers from across the state who are trained to be “Fraud Fighters,” and are willing to provide valuable presentations to help protect New Hampshire residents from fraud and scams. Contact AARP.
- *Rebecca Hutchinson.* The Good Life Center is having a “volunteer” trade fair on Oct. 5th from 4 – 6 PM. Find more here: [Good Life Volunteer Fair](#)
- *Kelly Laflamme: Endowment for Health.* 1) Ashton Applewhite, author of *This Chair Rocks*, presented at Monadnock Summer Lyceum for audio click here: <https://www.monadnocklyceum.org/content/ashton-applewhite> . 2) Silver Linings Senior Healthy Living Expo on September 30 from 10:00 am – 4:00 pm at Manchester Community

College, click here for more: <http://www.unionleader.com/silver-linings/silver-linings-senior-healthy-living-expo-coming-sept-30-99999999> 3) The national documentary *Care*, a deep dive into the issues surrounding aging at home and the role of paid caregivers and family members in ensuring care, will host its' public broadcast premier on September 5th. For more information visit: <http://caredocumentary.com/>. The NH based 30 min segment on the direct care workforce inspired by this film will premiere on NHPTV on October 26th. 4) Tri-state Learning Collaborative on Aging is hosting a convening on November 28 in Portland, ME to focus on Community Leaders.

- *Joan Fitzgerald*. Research on poster session titled "Access to Oral healthcare for Homebound Population" which measured access to dental hygienist. Contact Joan for more info at: info@oralhealthcareathome.com
- *Janice McDermott*, *New Hampshire Hospice & Palliative Care Organization*. Statewide end of life care conference on November 2nd. Find more here: <http://www.nhhpco.org/events/>
- *Anna Adachi-Mejia*: *The Geisel School of Medicine at Dartmouth*. Will be presenting at an upcoming Quarterly meeting on photo voices project where cameras are provided to older adults of color in southern NH communities through which they tell their stories through photos.
- *Martha Tecca*: *Community Care of Lyme*. – Atul Gawande will be speaking in Boston at Beacon Hill Village on September 25 and will be simulcast. Find out more here: http://www.beaconhillvillage.org/content.aspx?page_id=22&club_id=332658&module_id=245745
- *Barbara Salvatore*: *Engaging NH*. – Engaging NH has a new Facebook page. Please visit and follow the page.
- *Rebecca Harris*: *Transport NH*. Public hearings occurring statewide on the Ten Year Transportation Plan. For more info contact Rebecca Harris at rlharris@transportnh.org
- *Juliana Dapice*: *Belknap-Merrimack County Community Action Program*. The Volunteer Driver Program (VDP) at the Community Action Program of Belknap-Merrimack Counties is looking for volunteer drivers to transport seniors and people with disabilities to medical appointments and shopping. Volunteer Drivers set their own hours, provide as many or as few trips as you'd like and can receive mileage reimbursement for their trips. Volunteer drivers must own a reliable vehicle, have a safe driving record and live in Belknap or Merrimack County. For more information, contact Juliana, VDP Coordinator, at: jdapice@bm-cap.org or (603) 224-8043.
- *Joan Marcoux*: *DHHS*. Communication Access Technology & Support Expo will be held on September 27th, 10am -1pm, Wentworth-Douglass Hospital Garrison Wing Auditorium. More information here: [Communication Access Technology and Support Expo Flyer](#)

Bright Spot: Referral, Education, Assistance, Prevention (REAP) Program

Presenter: Jennifer Kinsey (slides 36 – 47).

Jennifer provided an overview of the Referral, Education, Assistance, and Prevention (REAP) program. REAP is a prevention program not a treatment program and is administered through the 10 Community Mental Health Centers. REAP is a statewide program with funding from the Housing Authority. Eligibility requirements and type of services offered were also highlighted during the presentation.

AHA Book Club- The third book club discussion was held over lunch after the quarterly meeting. The group discussed *Being Mortal* by Atul Gawande. The next book club book to be discussed after the December meeting will be:

Major Pettigrew's Last Stand by Helen Simonson.

A novel about a man, who at the age of 68, challenges status quo'

For a summary visit: <http://www.nytimes.com/2010/02/22/books/22book.html?mcubz=1>

An excerpt is also online: <http://www.nytimes.com/2010/03/07/books/excerpt-major-pettigrews-last-stand.html?ref=books>

NH Alliance for Healthy Aging 2017 Meeting Schedule:

Thursday, December 14, 2017

Wednesday, March 15, 2018

Thursday, June 14, 2018

Wednesday, September 12, 2018