

NH Alliance for Healthy Aging

Quarterly Meeting

September 12, 2018; 9:00-12:00

NH Audubon McLane Center

84 Silk Farm Road

Concord, NH

Meeting Summary

What's Happening: AHA update

Presenters: Jennifer Rabalais, Ellen Koenig, and Laura Davie (slides 3 - 7)

Jennifer reviewed the strategic structure of the NH Alliance for Healthy Aging and showed a graphic that interprets how AHA functions as a collective impact initiative.

Ellen discussed that the AHA Steering Committee is currently taking applications and is looking for a diversity of participation including geography, field experience, area of expertise, etc. Interested individuals should contact Ellen at Ellen.Koenig123@gmail.com to receive an application to apply. Deadline to apply is September 20th. Term begins January 2019.

Jennifer discussed that to continue gathering feedback about AHA participant's experience, in the fall of 2018 another AHA participant survey will be released.

Jennifer provided a brief communication update around the creation of an AHA "explainer" video. This video is a very short, high level summary of what AHA is and the current work of AHA. This video will be included on the AHA website (www.nhaha.info)

Laura provided an update on measurement to include the unveiling of shared measurement on the AHA website located here: www.nhaha.info/measurement. The website includes general information about AHA's process for shared measurement and how AHA is measuring its success. The AHA Measurement Committee is looking for new members, interested individuals should contact Laura at Laura.Davie@unh.edu.

AHA Advocacy Workgroup Update

Presenters: Dawn McKinney, NHLA and Dan Hobbs, NHLA (slide 8)

Dan discussed that over the summer, the AHA Advocacy Workgroup has been hosting meetings to plan for the 2019 legislative session, and he is continuing his work to develop the advocacy network. Dawn discussed that this is a budget year and the group will be focusing on a unified request for funding and policy changes that would support workforce changes (e.g., wage/rate increase, reducing administrative burden, etc.). The workgroup is also focusing on forming a Governor's Commission on Aging and the financial and exploitation bill from last session. This workgroup meets the third Tuesday of the month at 1:00 at the Institute on Disability, for more information contact Dan Hobbs at Dhobbs@nhla.org

Using a Diversity, Equity, and Inclusion Lens in the work we do

Presenter: Michele Holt-Shannon, UNH Carsey School of Public Policy (slide 9)

Michele Holt- Shannon is the Director of New Hampshire Listens, a civic engagement initiative at the Carsey School of Public Policy at UNH. NH Listen's mission is to help NH residents talk and act together to create communities that work for everyone. NH Listen's trains facilitators and does collaborative work to create more equity in communities across NH.

The Endowment for Health has partnered with NH Listens to develop Leadership Learning Exchange on Equity (L2E2) which brings leaders who identify as white together to reflect, learn, and act to address systemic discrimination and racial bias in the state. There is a specific aging cohort that will be starting L2E2 this fall and will include individuals who work in the field of aging. Michele engaged the group by having them do a reflective exercise and debriefed about the activity.

Southern New Hampshire's Age Friendly Program

Presenter: Sylvia von Aulock, Southern NH Planning Commission (slides 11 – 45)

Sylvia began by acknowledging funders (Tufts Health Plan Foundation, AARP, and NH DOT) as well as a general overview of Southern NH Planning Commission (SNHPC). SNHPC's Age Friendly work is happening across three phases. Phase 1 explored how all residents in their communities felt about aging in their community through by providing feedback on a survey. Phase 2 involved beginning a pilot program for SNHPC age friendly communities with three communities: Chester, Bedford, and Goffstown. Each pilot program focused on a specific strategy to becoming age friendly. Chester focused on housing types, diversifying housing options, and creating age friendly zoning model regulations. Bedford focused on creating a survey around input on the town's master plan to include age friendly strategies. Goffstown focused on creating a how to guide about creating accessory dwelling units and on transit collaboration with local transportation providers. Phase 2 also included business program elements to include providing examples of age friendly businesses and created a model business age friendly checklist. SNHPC received funding to continue with Phase 3 which will continue conversation of age friendly communities across NH by taking this information to other planning commissions and working with three new communities over the next year.

State Plan on Aging

Presenter: Jo Moncher, Department of Health and Human Services (slides 47 - 55)

Jo Moncher from the NH Department of Health and Human Services (DHHS) is in a new role which in part oversees the NH State Plan on Aging and the State Committee on Aging (SCOA). The state plan on aging is a roadmap for the Bureau of Elderly and Adult Services (BEAS) to plan strategies and efforts to develop and strengthen NH's system of community based long-term care services. A committee has been developed with representation from both community and state level individuals representing 35 entities in New Hampshire.

The state plan on aging will be focusing on the needs of older people in the state. Jo will ensure that the state plan be user friendly and one that does not include jargon. Next plans for the state plan on aging include sending out a survey to older people, have listening sessions across the state, and listen to providers to gather feedback about the older adult population's needs in NH. Jo solicited input on the survey questions she hopes to send out to community members from Quarterly meeting participants.

Community Announcements

- *Cary Gladstone, Senior Director at Granite United Way.* Has a Volunteer Income Tax Assistance program which offers free tax preparation for low to moderate household incomes. Currently recruiting volunteers and offering a presentation on tax law changes. For more information click here: <http://www.graniteuw.org/our-work/granite-united-way-initiatives/volunteer-income-tax-assistance> or contact Cary at Cary.Gladstone@graniteuw.org
- *International Institute of New England.* Hosting an event "Suitcase Stories Live" which features foreign and U.S. born residents sharing refugee and immigrant stories on September 30th, 7:00 – 9:00 at Palace Theater in Manchester. For more information: <https://iine.org/event/suitcase-stories-live-in-manchester/>
- *Martha Tecca, Community Care of Lyme.* Home Care, Hospice, and Palliative Care Alliance of NH annual conference: Keeping the Patient Voice Alive: The Best Care Possible at the End of Life on November 15th, 7:30 – 4:00 at the Grappone Conference Center. For more information: <https://homecarenh.org/wp-content/uploads/events/hospice-palliative-care-conference/>
- *Keliane Totten, Concord Regional Visiting Nurse Association.* Meet Olivia Ames Hoblitzelle, author of "Aging with Wisdom". November 14th 5:30, Red River Theater in Concord. For more information: <https://www.crvna.org/content/beyond-book-meet-author-aging-wisdom>

NH Alliance for Healthy Aging 2018 - 2019 Meeting Schedule:

Thursday, December 13, 2018
Wednesday, March 13, 2019
Thursday, June 13, 2019
Wednesday, September 11, 2019
Thursday, December 12, 2019