









WORKING TOGETHER IN 2023

NHAHA is a statewide coalition of stakeholders focused on the health and wellbeing of older adults in New Hampshire.

2023 AT A GLANCE

<p>540+ participants engaged</p> 	<p>110+ stakeholder meetings hosted</p> 	<p>315+ attendees at 2023 Quarterly Meetings</p> 	<p>1,000+ Social media followers</p> 
<p>75+ steering committee, workgroup, and committee members</p> 	<p>275+ organizations & groups represented</p> 	<p>5 conference presentations</p> 	<p>70+ participants are members of their community who have retired</p> 

PRINCIPLES OF PRACTICE

Communication

- In honor of Older Americans Month, NHAHA interviewed older adults' about what "aging unbound" means to them and created [brief videos](#) to share.
- In 2023, across NHAHA's social media platforms (i.e., Facebook, Linked-In, and X) content was seen 14,718 times.
- More than 30 organizations submitted news articles for *AHA Moments*, a weekly email containing 5 brief items, as a channel to connect with the aging network.
- With over 3,590 total page views, NHAHA's website has created awareness and shared information about aging issues in NH.

Measurement

- In 2023, NHAHA participated in the [NH Healthy Aging Field Assessment](#) completed by the Behavioral Health Improvement Institute. This was the 3rd assessment to evaluate the development and changes in NH's healthy aging field. Results indicate progress in most domains that NHAHA has worked to advance, including shared purpose, adaptive capacity, and knowledge.
- NHAHA worked collaboratively with the University of Massachusetts Boston, Department of Gerontology to inform measures on the updated New Hampshire Healthy Aging Data Report.

Diversity, Equity, and Inclusion

- NHAHA established a process for review of all public facing documents to ensure accessibility and inclusive language. A checklist was developed to guide the process and has been shared with stakeholders as a resource.
- NHAHA launched "DEI Moments", brief awareness and educational opportunities in meetings and communication platforms intended to create reflection, openness and sharing regarding DEI principles and practice.
- NHAHA advanced work to establish community hubs in BIPOC communities in Hillsborough County. A multicultural listening session was held in partnership with Victory Women of Vision to better understand the needs of diverse older adults.

STRATEGIC PRIORITY SPOTLIGHTS

NHAHA advances collaborative efforts through partner driven strategic priority workgroups.

Systems of Care for Healthy Aging Legislation

NHAHA Advocacy championed and passed the *Systems of Care for Healthy Aging* bill which enhances access to home and community-based services, establishes a person-centered counseling programs, and streamlines the application process for Medicaid long-term services

The NHAHA Caregiving Strategic Priority Area hosted 3 peer networking events that brought together a total of 75 stakeholders whose work aligns with caregiving initiatives across the state.

Coffee and Caregiving Conversations

Volunteer Driver Initiative

The NHAHA Transportation Strategic Priority Area hosts a statewide volunteer recruitment effort supporting volunteer driver programs (VDPs). The recruitment effort includes a [website](#) and [map](#). For the first time, data on recruitment and retention of volunteer drivers from VDPs across the state is being collected, collated, and disseminated.

NHAHA developed a crosswalk between the National RAISE Family Caregiving strategies, federal actions, recommendations, and aligned activities across New Hampshire. NHAHA is planning a series of briefs in 2024 exploring opportunities and barriers to caregiving and implementing federal recommendations.

Elevating National Caregiving Strategies in NH

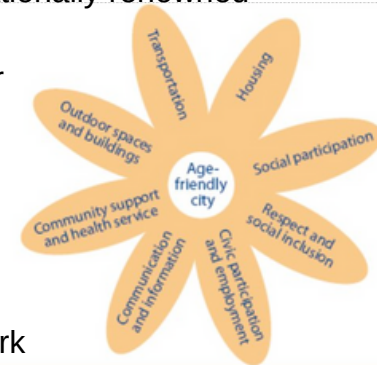
Direct Care Workforce Council

The NHAHA Direct Care Workforce Strategic Priority Area hosted the direct care workforce council which met several times to network and is organizing an in-person event in 2024.

MUTUALLY REINFORCING ACTIVITIES

Building Age-Friendly Communities that Work for All: A Global and State Perspective with Dr. Alexandre Kalache

Over 100 attendees were present for a [webinar](#) on the Age-Friendly Cities Framework with Dr. Kalache, an internationally renowned physician and gerontologist who pioneered the age-friendly cities movement. The webinar featured a brief history of the Age-Friendly Cities Framework and its relevance to NH. Dr. Kalache was joined by state leaders who shared New Hampshire's efforts to advance Age-Friendly Communities and future opportunities for building communities that work for all of us as we age.



Supporting the Development of NH's State Plan on Aging

NHAHA supported the Department of Health and Human Services in developing the next 4 year State Plan on Aging. NHAHA helped to coordinate listening sessions and also assisted in conducting the State Plan on Aging survey and data analysis.



In partnership with [Victory Women of Vision](#), NHAHA also hosted a listening session to understand the needs of diverse older adults. About 35 older adults attended and translation services were provided in multiple languages including French, Swahili, and Bosnian.