

**NH Alliance for Healthy Aging Quarterly Meeting**  
**Community Announcements**  
**December 15, 2016**

*Community announcements are updates, events or news items shared by Alliance members at the quarterly meetings. If you have additional announcements that you would like to share with all of the members of the NH Alliance for Healthy Aging please email Jennifer Rabalais at [jennifer.rabalais@unh.edu](mailto:jennifer.rabalais@unh.edu).*

- Robin LeBlance Plan NH: March 30<sup>th</sup> and 31<sup>st</sup> at Capital Center for Arts. hosting “Role in Community Design in Supporting an Aging Population” Conference. Citizens what do we want out of our communities? Jess Maurer, SNHPC commission, Maryland Governor, Invite AHA as “member price”.
- AHA Transportation workgroup – wants to pursue an economic impact stakeholder meeting and held a meeting with economists and transportation folks and found out that we need to make the business case not an economic impact study. Will be further pursuing this to make effective change in policy.
- March 27<sup>th</sup> at the Grapponne Center is the Annual meeting for EH. Focus this year is caregiving. Get into issues with aging through caregiving.
- TSLCA Caregiving Conversations – were in VT, NH, and ME and pulled in a lot of people who are challenged either professionally or personally with caregiving. Used a world café model. Very amazing stories from caregivers and panelists. Report coming out about sessions and roadmap coming out about next steps.
- A new lunch time activity, for all AHA members to join, was unveiled during lunch; a book club! The book club will be meeting right after the AHA Quarterly Meetings during the lunch hour (12:00 – 12:30) at the Audubon. After each quarterly meeting, the group will brainstorm and vote on a book to be read and discussed at the next quarterly meeting. The first book that was chose is titled: “This Chair Rocks: A Manifesto Against Ageism” by Ashton Applewhite. Click here to read a synopsis of the book: <https://thischairrocks.com/>. Discussion of this book will be held on March 15th from 12:00 – 12:30. Find out more information about other books on the voting ballot in the BOX folder. Click here to access the folder: <https://unh.app.box.com/s/euc2o9pu4zja2b5g4dfxs5agq0nan0pg>.