



CENTER ON AGING AND
COMMUNITY LIVING

A Collaboration Between

Institute on Disability/UCED



University of
New Hampshire



University of
New Hampshire

Institute for Health Policy and Practice



Action Planning Process Update

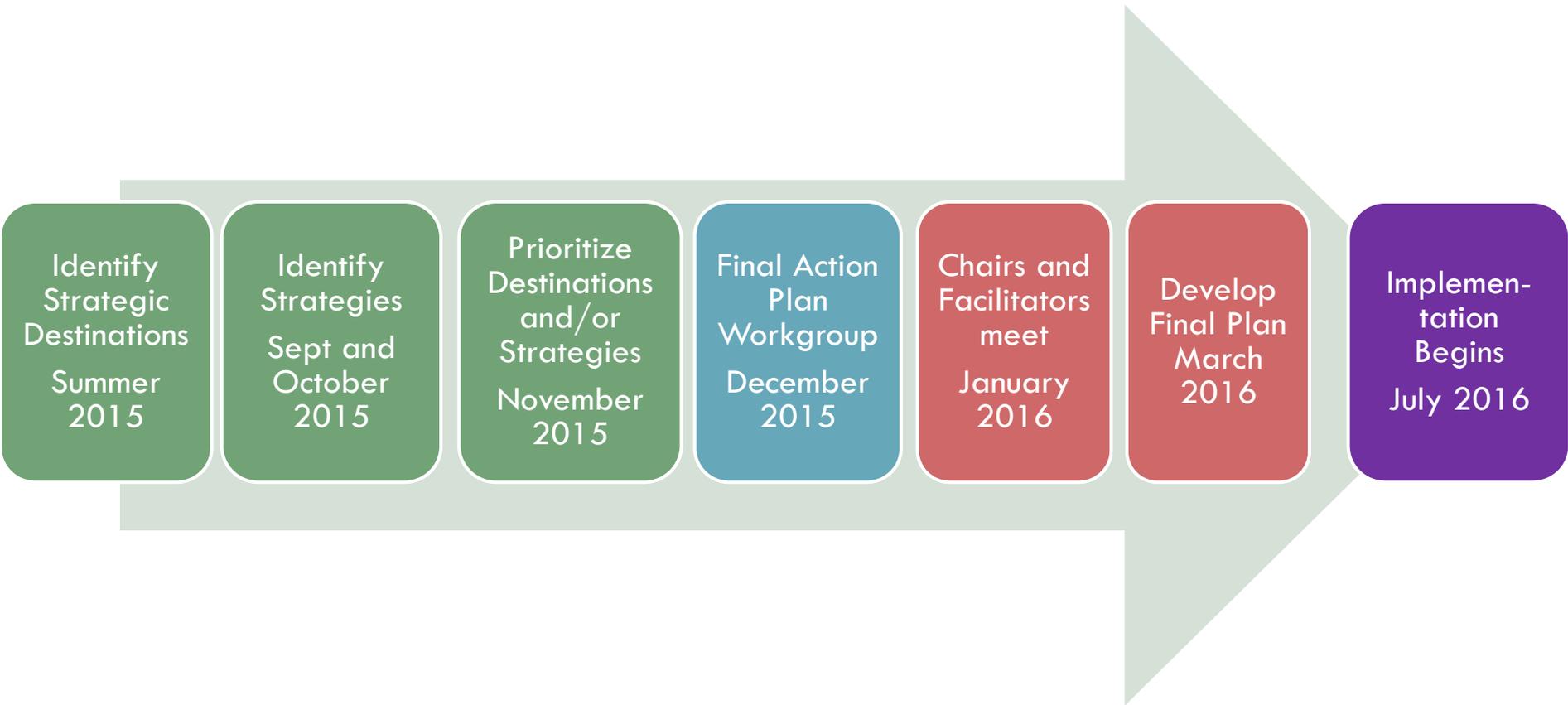
December 10, 2015

**ENSURING THE HEALTH AND DIGNITY
OF ELDERS**





Status Update





Fundamental Needs are Met

❑ TOP PRIORITIES

- ❑ Increase and strengthen the existing transportation structure in NH
- ❑ Support universal, statewide standards for program coordination to ensure consistent information exchange
- ❑ Provide innovative, culturally sensitive access to food and information about nutrition for NH's Elders.



A Broad Range of Living Arrangements are Available

□ TOP PRIORITIES

- Planners, designers and developers as well as municipal leaders recognize the importance of a variety of choices in home design, location, affordability and who may live there
- Communities recognize changing needs of citizens, workers and visitors and adapt/adopt zoning and regulations to support visions and plans that address them, including various types of homes as well as retirement complexes, assisted, living, etc. having walkable access to daily needs, easy transportation choices, proximity to green gathering spaces, more.
- Available resources (including resources themselves and information about them) are coordinated. Information about both is plentiful and disseminated through various channels.



Support is Provided to Caregivers and Families

□ **TOP PRIORITIES**

- Support a public outreach and education effort that leads to increased awareness around caregiving issues
- Promote increased service options, including greater use of non-traditional strategies for providing caregiving services
- Develop a robust caregiving advocacy network that includes convening advocates around caregiving issues, as well as supporting programs to teach individuals how to be advocates and self-advocates.



Social and Civic Engagement Options are Plentiful

❑ **TOP PRIORITIES**

- ❑ Promote a positive view of aging
- ❑ Support efforts to expand and coordinate transportation options across the state
- ❑ Inventory the needs of older adults, current offerings, and identify gaps

Quality Physical and Mental Wellbeing Supports are in Place

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□ **TOP PRIORITIES**

- Improved healthcare interactions for older adults through healthcare systems changes
- Increased accessibility to effective and sustained mental health services
- Improved workforce availability



Advocates for Elder Issues are Effective

□ **TOP PRIORITIES**

- Create and strengthen stable infrastructure for advocacy
- All levels of state, county, and local government are leading on aging issues
- Culture shift to a positive and realistic frame of aging



Cross-Cutting Issues

▣ INITIAL IMPRESSIONS

- Messaging a positive view of aging
- Transportation coordination and access
- Workforce development
- Access to information and resources; public education and outreach
- Advocacy capacity building
- What Else Do You See?



Thank You!

Work Groups

- ▣ Finalize priority strategies
- ▣ Agree on final draft of work plan

- ▣ This will be the final meeting of your work group.