

2024 Highlights and Accomplishments

NHAHA is a statewide coalition of stakeholders focused on the health and wellbeing of older adults in New Hampshire

600+ participants engaged, an
11% increase from 2023

126 stakeholder meetings
hosted

233 attendees at 2024 quarterly
meetings

1280+ social media followers

300+ organizations & groups
represented

118 steering committee, workgroup,
and committee members

Principles in Practice

Communication

- Provided 2 presentations on the work of NHAHA at the Gerontological Society of America Conference.
- The NHAHA website was viewed over 32,000 times by nearly 8,000 users.
- Shared 51 *AHA Moments*, NHAHA's weekly e-newsletter providing important information across the aging network.

Diversity, Equity, and Inclusion

- In partnership with [Victory Women of Vision](#), NHAHA supported diverse older adults in Greater Manchester by hosting information and resource sessions and providing assistance to support their transportation needs. Several of the Elders tell of the increase in independence and quality of life that they gained as a result in a [short video](#).
- In partnership with Nashua Public Health, a listening session was carried out in Nashua as part of an ongoing effort to better understand and address the needs of the community's older adults.



Measurement

- Conducted targeted outreach to organizations in New Hampshire to discuss data availability, future data collection, and lean on their expertise in how best to measure specific areas of age-friendly communities.

Mutually Reinforcing Activities

- 1 Provided technical assistance and support to the 2025 update of the UMass Boston [NH Healthy Aging Data Report](#).
- 2 Invited to participate in a national learning collaborative to advance the [2022 National Strategy to Support Family Caregivers](#) in NH in partnership with DHHS.
- 3 Participated in and supported the Age Well NH initiative (Multi-Sector Plan on Aging) and the Age-Friendly Public Health initiative.
- 4 Conducted 4 Reframing Aging presentations and modeled and highlighted recommendations through outreach and engagement efforts.

Addressing Social Isolation

As part of an ongoing effort of the NHAHA Steering Committee to address the issue of social isolation and loneliness among older adults, an environmental scan of the services and supports available to older adults facing this issue was created.

Strategic Priority Spotlight

NHAHA advances collaborative efforts through partner driven strategic priority workgroups.



ADVOCACY

- Partnered with New Futures to lead the NHAHA advocacy efforts under their [Healthy Aging policy priority work](#).
- Conducted 4 listening sessions in support of defining legislative priorities for the 2024 session.
- Worked to elevate SB 499 and oppose HB 60.
- Outlined NHAHA's [Advocacy Priorities for 2024-2029](#)



CAREGIVING

- Over 70 stakeholders attended Coffee and Caregiving Conversation quarterly meetings.
- Worked to advance an understanding of the National Strategy to Support Family Caregivers to enhance supports and services to caregivers in NH.



DIRECT CARE WORKFORCE

- The NHAHA Direct Care Worker Council held 6 planning meetings to further develop the council's goals.
- 21 direct care workers attended the Direct Care Worker Retreat.



HOUSING

- Surveyed NHAHA stakeholders to gather feedback on the landscape of housing needs for older adults and/or individuals with disabilities in NH.
- Engaged in conversation with stakeholders to identify gaps in housing needs for older adults.



TRANSPORTATION

- The NHAHA Volunteer Driver Initiative carried out a statewide volunteer driver recruitment campaign in support of volunteer driver programs (VDPs).
- A [one-pager](#) and [executive summary](#) were created to highlight the essential role that VDPs play in supporting older adults and individuals with disabilities.
- A [guide](#) was created to help communities create new VDPs.

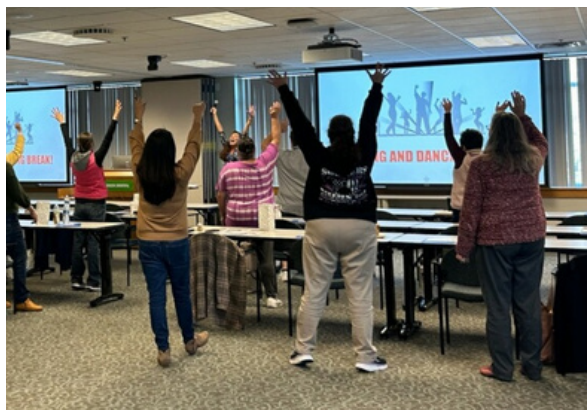
Event Highlights

NHAHA Participated in a webinar with the NH Businesses for Social Responsibility and a panel discussion at the Concord Chamber of Commerce Luncheon to bring awareness to the needs of caregivers.

NHAHA attended the 18th Annual New Hampshire Caregiver's Conference

38 attended the biannual NHAHA Peer to Peer VDP Network Conferences

26 attended *Dismantling Implicit Bias*, DEI webinar led by Marguerite A. Fletcher



Direct Care Worker Retreat, November 8

