

NH Alliance for Healthy Aging Quarterly Meeting

March 13, 2019; 9:00-12:00

NH Audubon McLane Center
84 Silk Farm Road
Concord, NH

Meeting Summary

What's Happening: AHA update

Presenters: Jennifer Rabalais, UNH CACL, and Renee Pepin, AHA Steering Committee Chair (slides 3 - 11)

Jennifer reviewed the structure of AHA including leadership, committees, and strategic priority areas. Specifically, Jennifer provided an update on the work of the Diversity, Equity, and Inclusion (DEI) Committee. This committee seeks to ensure that a DEI lens is incorporated throughout all the work of AHA as well as conducts distinct work. The DEI Committee has partnered with DHHS, Office of Health Equity, to explore bringing the Culturally Effective Organizations Framework to the participants of AHA. This framework provides a roadmap that enables, cultivates, and supports the delivery of high-quality services for all people. A second strategy the committee is moving forward is promoting the documentary, *Gen Silent*, which follows six LGBTQ older persons as they navigate the long-term care system. The film generates awareness of the issues that aging LGBTQ individuals face. Recently, the Endowment for Health purchased licensing to show five screenings for up to 50 people and the DEI Committee is reviewing where and how to utilize those five screenings.

Renee discussed that the AHA participant survey was sent out last summer and fall and discussed the results of that survey. Renee reviewed the data; including respondent information, participant self-identified role, AHA's greatest accomplishments, success of AHA as a collective impact initiative, and success of AHA in making progress towards the vision. Renee also discussed using the data to inform AHA's collective approach moving forward.

AHA Advocacy Strategic Priority Update

Presenters: Cheryl Steinberg, NHLA (slides 12 - 18)

Cheryl provided an overview of the focus of the AHA Advocacy work. First, DHHS included a 25% rate increase for services provided under the Choices for Independence Program (CFI), of which the Governor adopted in his budget. Senate Bill 308, which is a large omnibus bill being spearheaded by larger coalition that is seeking a 5% increase across the board for all Medicaid providers, and address workforce issues related to the online application and processing of criminal background checks. House Bill 621: seeks to establish a State Commission on Aging, which reconstitutes the State Committee on Aging into a broader Commission with expanded duties and influence. The bill also includes a paid, full-time executive director position for the Commission. House Bill 696: establishes a protective order for vulnerable adults who are subject to abuse, neglect or exploitation. This bill was reintroduced this session and includes a gun confiscation provision of "discretionary" rather than mandatory.

AHA Transportation Strategic Priority Area Update

Presenter: Jeff Donald, Alliance for Community Transportation (slide 19 - 25)

Jeff discussed that the Transportation workgroup is focused on increasing transportation options, including an analysis of current efforts and funding issues through two strategic intentions. The first is hosting regional convenings of transportation providers and medical system providers to strengthen collaborations between these two entities. Jeff discussed that a pilot convening occurred in the Seacoast area last fall with a wide range of medical providers (e.g., hospitals, urgent care, community mental health, etc.) and community transportation providers. The convening content included both systems discussing obstacles, barriers, and opportunities for collaboration. The second strategic priority for this group is creating a manual for volunteer driver programs (VDP), which are a cost benefit and can be adapted for local sources. Southern New Hampshire Planning Commission created an interactive map (that is not live yet) that includes all the VDPs in the state and shows their service areas.

Age-Friendly Health Systems

Presenters: Keliene Totten, Concord Regional VNA, and Betsey Rhynhart, Concord Hospital (slides 27 – 52)

Keliene started the presentation by discussing how the age-friendly health systems work began with four core, national organizations that sought to improve care in the health system and worked with five age-friendly health systems (across the nation) as pioneers and developed the 4M's framework. The Capital Region Health Care (CRHC) which includes Concord Hospital, Riverbend, and Concord Regional Visiting Nurse Association is piloting this work. An age-friendly health system values optimized care for everyone including patients, families, caregivers and providers. This is achieved through the 4M's Framework (what matters, medication, mentation, and mobility). Age-friendly health systems are required to use process measures such as screenings, care plan documentation, etc. to gauge progress.

Betsey discussed that age-friendly health systems tie into population health which is an approach to improving the health status of a defined group of people. Betsey reviewed data gathered at CRHC and discussed that Concord Hospital recently completed a community assessment and is working to compile data. CRHC is also reviewing data from the social vulnerability index and using mapping software to overlay it within the region to provide better health services across the capital region. CRHC created workgroups around inpatient, emergency department, and transitions to care to focus on specific areas of improvement. They then engaged in different projects to implement several "M" factors that included patient experiences such as: inpatient 4M's current state assessment, patient experience, and what matters to patients regarding medication. Betsey also reviewed survey instruments on how to gather information from a patient about what matters. Betsey and Keliene are presenting on a Tristate Learning Collaborative on Aging Webinar on Thursday, March 28th from 12:00 -1:00 PM. Go to the following url to register for the webinar:

<https://register.gotowebinar.com/register/4003118823575485187>.

NH Healthy Aging Data Report Update

Presenter: Laura Davie, UNH CACL (slides 54 - 55)

Laura provided a brief overview of the NH Healthy Aging Data Report produced by UMass Boston and funded through the Tufts Health Plan Foundation. The report will be released on April 2nd, at the AHA Advocacy Legislative Breakfast. The Center on Aging and Community Living has facilitated a group that has been discussing the best way to showcase and disseminate the report. The week before the report is released there will be briefings with policy makers and other leaders within the community. The website (healthyagingdatareports.org) will go live at midnight on April 1, and then will be released on April 2 with a press conference in the afternoon.

State Plan on Aging Update

Presenter: Jo Moncher, DHHS (slides 56 - 77)

Jo discussed that every four years the state is required to conduct a state plan on aging that guides NH's efforts in understanding, serving, supporting and celebrating older adults. The State Plan on Aging Committee developed a survey that 2,927 people completed and held 15 listening sessions that 500+ people attended. Jo briefly reviewed the results of the survey and listening sessions. Currently, DHHS is in the process of putting together goals for the state plan on aging, and next steps include having public input sessions about these goals and strategies.

Community Announcements

- *Marc Boyd, AARP NH.* AARP is engaged in a nationwide prescription drug campaign to reduce prices gouging for prescription drugs. AARP is hosting events in Manchester and Concord over the next few weeks. AARP has presenters that conduct workshops on fraud and has launched a speaker's bureau.
- Diversity Workforce Coalition is hosting a conference related to building and sustaining a diverse workforce on 3/14 from 9:00 – 3:15. Second event right afterwards is around economic vitality from 3:30 – 5:00. Both events are at the Puritan in Manchester.
<https://www.diversityworkforce.org/Events>.
- *Gail Brown, NH Oral Health Coalition.* Hosting presenters to discuss adding adult dental benefit into Medicare Program (as discussed by House/Senate this term). Event will be on April 4th from 8:00 – 10:00 at Saint Paul's Church. <http://nhoralhealth.org/events/>.
- *Lynn Post, Empower Success Corp.* Empower Success Corp. is a group of high impact volunteer consultants that have a dual mission to talk about helping non-profits and helping consultants (including those who are older). <https://www.empowersuccesscorps.org/>.
- *Robin LeBlanc, Plan NH.* Hosting an event on planning for all ages presented by Sylvia von Aulock on May 30th at Audubon in Concord. <http://plannh.org/upcoming-events>.
- *Sylvia von Aulock, Southern NH Planning Commission.* Announced that one of the communities SNHPC is working with submitted an age-friendly housing ordinance.
- *Kelly Laflamme, Endowment for Health.* Monday (3/18) is the Endowment for Health's Annual Meeting at Grappone, 3:00 pm.
- *Lisa Burk-McCoy, Creative Communities and Arts in Health.* Application deadline for NH State Council on the Arts, Arts in Health Grant Program is May 17th, 2019. Arts in Health project grants support participatory arts activities in communities and artist residencies that occur in health-based facilities. For more info: www.nh.gov/nharts or email lisa.burk-mccoy@dncr.nh.gov
- *Brinn Sullivan, Portsmouth Senior Center.* Seacoast Veterans Conference to include Brig. Gen. (Ret.) Donald Bolduc and Former NH Supreme Court Justice John Broderick. Saturday, April 13th, 9:00 AM. Register here: <http://web.servicecu.org/seacoastveteransconference>

NH Alliance for Healthy Aging 2018 - 2019 Meeting Schedule:

Thursday, June 13, 2019

Wednesday, September 11, 2019

Thursday, December 12, 2019