



NHAHA Quarterly Meeting

March 8, 2023. 9:30am – 11:30am

Meeting Summary

Welcome and NHAHA Updates

Presenter: Jennifer Rabalais, UNH Center on Aging and Community Living, NHAHA Coordinator

Jennifer welcomed everyone to the first NHAHA Quarterly meeting of 2023 and reviewed the day's agenda. Jennifer discussed that the June meeting will likely be held in person at the Audubon Center in Concord and there will be a hybrid option for those unable to attend in person. A recording of today's meeting and meeting materials will be posted on the NHAHA [website](#).

Jennifer celebrated that 2023 marks NHAHA's 7th year. It's been a wonderful journey and much has been accomplished due to the spirit of collaboration on behalf of older adults. Jennifer provided a few updates on the work of NHAHA including:

- **Transportation Strategic Priority Area.** Some of the work of this group has included launching the Volunteer Driver Program Initiative, a multi-faceted approach to promote the power of volunteer drivers and highlight the value they provide for older adults. NHAHA and its partners promoted the program via social media, earned media, paid advertising, and a dedicated webpage where the public could identify driver programs across the state as well as people interested in becoming a volunteer could be connected to local programs.
- **Direct Care Workforce Strategic Priority Area.** This group has helped to create a dedicated council led by and for direct care workers. To date, the council has been focused on developing a purpose statement and goals for 2023 including addressing issues of training, advocacy and providing a voice for direct care workers.
- **Diversity, Equity, and Inclusion (DEI) Committee.** This committee hosted a DEI webinar series with two sessions in 2022. The first session focused on navigating unconscious bias and conscious action, while the second session was a screening and discussion of the documentary film, [Gen Silent](#). The DEI Committee plans to bring more sessions forward to NHAHA in 2023.
- **2023 Participant Survey.** NHAHA will launch the annual participant survey later this month. This is an important opportunity to share what you think is going well, what is not going well, challenges, opportunities, and insights as a participant of NHAHA. Please take a few moments to complete it.

NH Mobility Management Network

Presenter: Teri Palmer, State Mobility Manager (slides 6-16)

Teri provided an overview and update about the [NH Mobility Management Network](#). The network's goal is to provide safe transportation options for those in need and improve coordination and capacity of systems across the state. The backbone of the work is focused on how to support many organizations working together and is organized by 8 regions across the state. Primary activities over the past year have included:

- Distributing information within communities to promote awareness of transportation options.
- Visiting Senior Centers to increase awareness.
- Holding town hall meetings to determine needs.
- Conducting surveys in to gather feedback.

Teri also outlined next steps and future plans including:

- Working to make the network sustainable.
- Provide training where needed.
- Developing partnerships with healthcare institutions.
- Researching the value of micro transit.
- Exploring youth transportation options.

Inflation Reduction Act

Presenter: Everett Handford, Region One Director, Administration for Community Living (slides 17-23).

Everett provided an overview of the Inflation Reduction Act and its impact on older adults. This is the largest and most consequential act since the passing of the Affordable Care Act (ACA) in 2009. Everett discussed three major provisions of the inflation reduction act including lowering Medicare prescription drug costs, strengthening the Affordable Care Act, and strengthening Medicaid and CHIP. Everett focused on how the act will transform prescription drug costs and specifically the act seeks to: 1) place a cap on insulin, 2) provide free vaccines, 3) reduce out-of-pocket costs for the sickest, 4) reduce out-of-pocket costs for prescription drugs, 5) expand eligibility for low-income subsidy in Medicare Part D, 6) demand rebates from manufacturers if their price increases if certain drugs exceed inflation, and 7) negotiate prescription drug prices.

Tri-State Learning Collaborative

Presenter: Anna Guest, Project Manager, Tri-State Learning Collaborative on Aging, (slides 24-29).

Anna provided an overview of the [Tri-state Learning Collaborative on Aging](#) (TSLCA). TSLCA seeks to increase the collective impact of aging in place initiatives through shared learning in New Hampshire, Maine, and Vermont. This is achieved through a staffed shared learning collaborative hosted by the Maine Council on Aging and is supported by foundations

and organizations across the three states. The TSLCA provides programming and resources such as monthly workshops, a newsletter, robust website of resources, and the annual [Spring Summit](#). The Collaborative's mission is to build support for people to live long fulfilled lives. TSLCA has also focused energy towards "age positivity" particularly with a focus on health systems.

Spreading the good news on NHAHA

Presenter-Chris Dugan, NHAHA Communications Associate (slides 30-36).

Chris shared the ways in which stakeholders can use their own platforms to share NHAHA news and connect with others. NHAHA is also pleased to help organizations promote their own age friendly initiatives.

Examples include:

- Liking/sharing NHAHA Social media posts
- Inviting friends and colleagues to NHAHA events
- Inviting friends and colleagues to join NHAHA mailing list
- Submitting items for inclusion in "AHA Moments" at Christopher.Dugan@unh.edu

Next Meeting:

Thursday, June 8th, 2023 @9:30 AM

In person and remote options