

Driving to Make a Difference: Volunteer Driver Programs in New Hampshire

Transportation is an essential part of living in the community. For older adults and adults with disabilities, transportation options in New Hampshire are extremely limited with **87% of communities lacking public transit** like buses, subways, and trains. To help fill transportation gaps, volunteer driver programs (VDPs) provide rides to a variety of activities such as medical appointments grocery shopping, and social service trips. VDPs empower adults to remain independent, healthy, and engaged in the communities of their choice.



The Gift of a Lift

Data collected from **19 VDPs serving 255 communities in 2023** demonstrates the important role VDPs play within their communities.



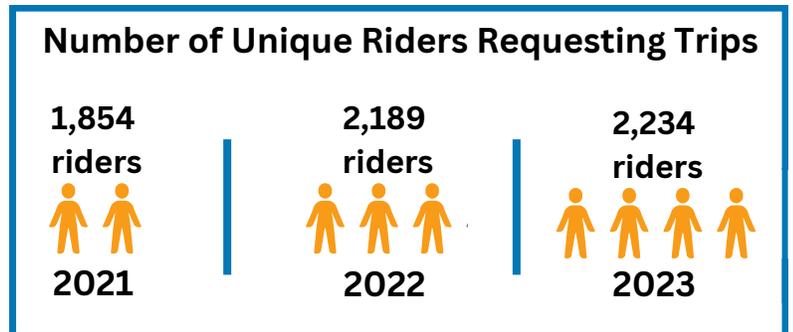
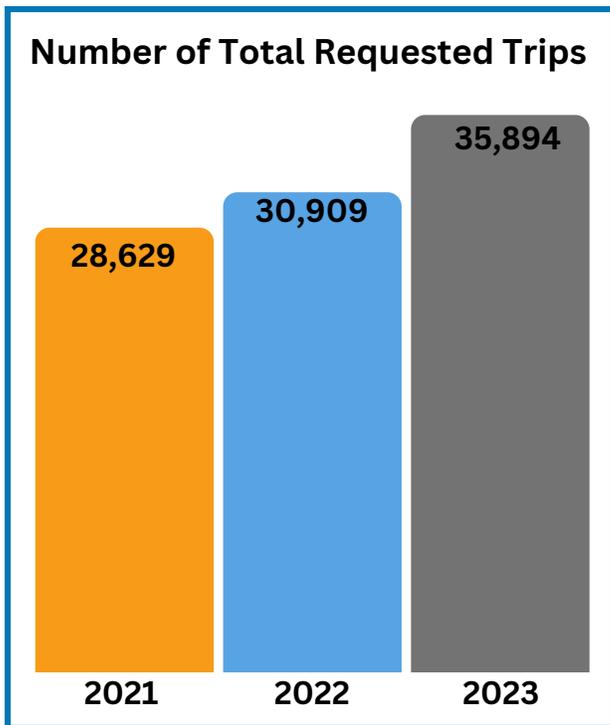
The NH Alliance for Healthy Aging (NHAHA) strives to create communities that support all of us as we age. As part of an effort to ensure transportation options are available and accessible for residents of all ages, the NHAHA Transportation Workgroup has launched a statewide volunteer recruitment effort to support the state’s Volunteer Driver Programs.

Connect with us!

Find us online: www.nhvdp.org

Neighbors Helping Neighbors: The Impact of VDPs in Communities

For decades VDPs have been a main source of transportation for New Hampshire residents that are older or have a disability. In 2021, VDPs started collecting standardized data to understand how they were serving their communities.



VDPs are beneficial to both those who volunteer to drive and those who receive rides. Drivers report that helping their neighbors get to their appointments gives them a sense of purpose. They know that without enough volunteers, people wouldn't be able to get the care that they need.

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Whether you can volunteer a few hours a month, or more, you are making a real difference in someone's life
”



“
I am very happy with [VDP]. Everyone is kind, caring, helpful, accommodating. I couldn't praise them enough. I don't know how I would get along without [VDP]. Thank you all.
”

Ways You Can Get Involved

Learn more about volunteer driving on our website:
nhvdp.org

Become a volunteer driver!

Review [frequently asked questions](#) and resources about volunteer driving

Find volunteer driving opportunities using our [interactive map](#)

Get social with NHAHA

